



Melbourne University Lightning Netball

COACHING OBSERVATION PROGRAM 2026

Introducing **MUL SPARK** ⚡

Charge your coaching journey with the energy and intensity of **Lightning** - *where coaches come to learn, observe and evolve in a high-performance environment.*

The **MUL Coaching SPARK Program** offers an exclusive in training observation into high-performance netball coaching. Whether you're building your foundation or ready to take your coaching to elite levels, this is your opportunity to witness coaching excellence in action.

What is the MUL Coaching SPARK Program?

The MUL Coaching SPARK Program offers coaches a unique opportunity to observe high-performance netball coaching in action. This program provides access to observe the sequence of skill development and coaching practices across both pre-season and competition phases.

Who Should Attend?

This program is ideal for coaches who:

- Are involved in Club or Representative-level coaching
- Hold a Development/Intermediate Coaching Accreditation or higher, or are working towards accreditation advancement
- Wish to move beyond the fundamentals and experience a high-performance coaching environment

Program Highlights

Competition Observation Offering

Fitness & Agility

Gain insight into implementing strength, speed, and endurance training within a netball-specific framework

- Delivered by University of Melbourne S&C (UoM Head of S&C Ben Andrews)
- Supported by Melbourne University Lightning coaching staff

Skill Development

- Watch how fundamental skills are challenged and extended into advanced gameplay
- Understand progressive skill development matched to athlete level and team grading

Teamwork & Game Play

- Observe match simulations and structured team drills that promote tactical awareness and cohesion

Qualified Coaching Team

- Learn from observing accredited and experienced coaches working with elite athletes across:
 - Development Teams (MUL Futures & Bolts)
 - VNL 23 & Under and Championship Squads



Program Details

COMPETITION OBSERVATION

Dates: February - August 2026

Location: State Netball Centre, Parkville

Time: Mondays

- 6.30–8.30pm – Development Teams & VNL Squads Training

Cost: \$250

- Includes access to **2 MUL home games** at *Narrandjeri Stadium*
 - Round 5 – Sunday 12 April – MU Lightning v Western Warriors
 - Round 17 – Wednesday 8 July – MU Lightning v Peninsula Waves
- Secondary bench observation (When games scheduled on court 1 at SNC, dates and times TBC)

Please note this is an observation only program

- No photo or video recording permitted (*child safety policy*)
- Note-taking for personal coaching development only
- Not available to coaches currently affiliated with other VNL clubs
- Access to public facing areas (no team changeroom access)
- Coaches must provide a copy of a current valid VIT or WWCC (Employee or Volunteer)



Register Now!

Limited spots available – don't miss out!

Complete your application form through using this link

<https://forms.gle/i47BCR1r6Qii5fHo7>

"Coaching that inspires, challenges and empowers every coach."